



ST MARY'S R.C. PRIMARY SCHOOL

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Headteacher: Mrs D Hayes

9 June 2025

Dear Parents and Carers

As you may already be aware, Relationships and Sex Education (RSE), along with Health Education, is part of the National Curriculum.

As part of the school's wider Personal, Social and Health Education programme, your child will soon receive lessons on relationships, sexual health and personal safety, as we do each year.

The purpose of these lessons is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships. As a Catholic school, we are guided by the DfE (Department for Education) and CES (Catholic Education Service). Our programme is fully compatible with both departments.

We use the resource Ten Ten, Life to the Full as a basis of these lessons. This resource is recommended by Salford Diocese. In lessons we cover the following issues:

Year 5

- Puberty for boys
- Puberty for girls
- Body changes
- Periods
- Emotions
- How babies grow and develop

Year 6, as above and

- Sexual intercourse

If you would like to take a look at the content of the lessons, please log onto the Parents Portal on the Ten Ten website: <https://www.tentenresources.co.uk/parent-portal/>

Our School Username: st-marys-bl6

Our School Password: blue-veil

If you have any queries after looking at the content, please contact school. Otherwise, you do not need to do anything. The lessons will be taught in the next two weeks.

Kind regards

Mrs Hesketh
PSHE/RSE Lead

